Creative Movement (ages 3-4):
An introduction to rhythm, music and movement using a variety of fun activities to develop balance and coordination.
Mondays 5:00-5:30 pm or Saturdays 9:30-10:00 am
Members: $45
Community Members: $55

Ballet (ages 5-7 years):
A classical form of dance using slow flowing patterns that creates expression through movement.
Mondays 5:45-6:30 or Saturdays 10:00-10:45
Members: $55
Community Members: $65

Hip-Hop/Jazz (5-7 year olds):
A form of dance that combines Broadway style with Modern, Hollywood and hip-hop forms of dance, focusing on technique and flexibility.
Mondays 6:45-7:30 pm or Saturdays 10:45-11:30 am
Members: $55
Community Members: $65

Pom Pon (Ages 7-11):
A sharp form of Jazz dance that combines dancing with a series of arm movements, leaps and turns.
Wednesdays 6:45-7:30 pm or Saturdays 11:30 am-12:15 pm
Members: $55
Community members: $65

Ballet/Lyrical (ages 8-11):
A dance style that combines ballet, jazz and modern. It is a very expressive form of dance that fully uses the music to reach the audience.
Saturdays 12:15-1:00 pm or Members: $55
Community Members: $65

YMCA SWIM LESSONS
The Gallatin Valley YMCA offers children a safe, fun and enriching experience in the pool! National YMCA Aquatics programs are designed to teach personal water safety, stroke development, water sports and games, rescue and personal growth skills to children. Our program is divided by age and skill levels. Children learn at their own pace. All lessons take place at the Eagle Mount facility.
Ages: 3-12 years
Fee: YMCA Member-$60/ Non-Member - $70
Location: 6901 Goldenstein Lane, Bozeman (All lessons take place at Eagle Mount)
EAT, LIVE, PLAY!
If you are struggling with how to adopt a healthier lifestyle, you are not alone. The Eat, Live, Play! program is designed in conjunction with Bozeman Deaconess Hospital, to help families and children learn new skills that foster a lifetime of healthy habits.

Ages: 12-18 years
12-week session meeting 2X week T/Th 4:00-5:30
Location: YMCA
Fee: $200 (YMCA membership included)
Includes 3 evening parent sessions with physical trainer, dietician, psychologist & pediatrician; Dates TBD
Dates: Jan 28th– April 24th
Each session includes 1 hour of fun physical activities with a group of peers lead by a personal trainer, and ends with making a healthy snack along with a nutrition or psychology lesson that empowers young people to learn how to and make healthy choices in their lives. Join a community of supportive youth and families that with the help of professionals learn how good it feels to be healthy.
*All applicants will have to get their physicians sign-off to participate in the program so that the data collected can be shared and used with their primary physician.

Fun with Friends: Schools Out Camps
Ages K-5th grade
Location: YMCA
Fee: member $35/Non-member $40 per day
Camps are open 7:30am-5:30pm.

From a Hawaiian Luau to ice skating, these day camps are packed with fun activities and friendship.
Detailed program agenda, field trips and activities can be found online at www.gallatinvalleymc.org
Dec 23rd: Happy Holidays Day
Dec 26th: Exploration
Dec 27th: Hawaiian Luau
Dec 30th: Skating Spectacular
Dec 31st: New Years Eve Celebration
Jan 2nd: Outdoor Adventures
Jan 3rd Games Galore
Stay Tuned for Spring Break Camp March 10th, 11th, 12th, 13th & 14th.

TO SAVE THE DATE
Plan on bringing the entire family for an evening of fun at the YMCA SnowBall Gala on Saturday, March 1st. Tickets will go on sale right after the New Year. Dinner, dancing, kids crafts, photo booth, live and silent auction and lots of fun! Event sponsorships are available along with corporate tables. This is a great way to help the YMCA support its financial assistance program which ensures that everyone will get the chance to play, learn and thrive regardless of ability to pay.
Expanding young minds: EARLY LEARNING CAMPS

The Gallatin Valley YMCA will be offering new Early Learning Programs for children 2-5 years of age. Some people confuse early learning with daycare or babysitting, but early learning is so much more! Our early learning programs provide education for children outside their own home prior to Kindergarten. Parents are undeniably children’s first and most important teachers, but young children need meaningful learning opportunities to develop skills, sense of self and a foundation for learning throughout life. Come experience what we have to offer!

Here Wee Glow! (3–5 years old)
Dive into the world of bioluminescent creatures in this glow-in-the-dark science program.
Tuesdays Jan. 7th – Feb. 25th 10:00am – 11:30am
  Week 1: Fireflies
  Week 2: Mushrooms
  Week 3: Blue Tide
  Week 4: Worms
  Week 5: Scorpions
  Week 6: Glow Worm
  Week 7: Jelly Fish
  Week 8: Cuttle Fish
Location: Gallatin Valley YMCA
Program Fee: $75 members/ $80 non-members
Registration Deadline: December 24th

Exploding Science! (3–5 years old)
Experience scientific phenomena in an interactive and exciting hands on experiences all about eruptions.
Thursdays Jan. 9th – Jan 30th 10:00am – 11:30am
  Week 1: Ivory Soap Explosion
  Week 2: Volcanoes
  Week 3: Geysers
  Week 4: Fantastic Foamy Fountain
Location: Gallatin Valley YMCA
Program Fee: $35 members/$40 non-members
Registration Deadline: December 27th

Slime-ology 101! (3–5 years old)
Take a walk on the gross side and discover ooey, gooey, and sometimes smelly fun. We’ll explore what makes things slime.
Thursdays Feb. 6th – Mar. 27th 10:00am – 11:30am
  Week 1: Suspended Slime
  Week 2: Bouncing Slimy
  Week 3: Electric Slime
  Week 4: Mutant Slime
  Week 5: Utterly Gross Slime Putty
  Week 6: Victual Slime
  Week 7: Miss Muffet Slime
  Week 8: Psylly Slime
Location: Gallatin Valley YMCA
Program Fee: $75 members/$80 non-members
Registration Deadline: February 18th

Nursery Rhyme Exploration! (3–5 years old)
Rhyme and sing through the pages of our most beloved nursery rhymes, utilizing creativity and arts to help portray the story.
Tuesdays Mar. 4th – Mar. 25th 10:00am – 11:30am
  Week 1: Humpty Dumpty
  Week 2: This Old Man
  Week 3: Hickory Dickory Dock
  Week 4: The Three Little Pigs
Location: Gallatin Valley YMCA
Program Fee: $35 member/$40 non-member
Registration Deadline: January 23rd

LOCALLY GROWN LEARNERS (3–5 years old)
Get a behind the scenes tour of some of our local businesses and learn what makes Bozeman so unique. Learn the ins and outs of each organization and bring home a unique souvenir to share!
Last Friday of Every Month from 10:00am to 11:30am
Location: Field Trip Specific
Program Fee: $10 members/$12 non-members
Registration Deadline: The Friday before
January 31st–Food Co-op
February 28th–TBD
March 28th–TBD
SOLA Café: *Waiting Confirmation

LEARN WITH ME (2–5 years old)
Have your child spend some quality time with mom, dad, grandma, grandpa, or any loving adult learning, exploring, crafting, and playing the first Wednesday of every month. Each day will be planned around children’s literature.
Location: Gallatin Valley YMCA
Time: 10am-11:30am
Program Fee: $10 members/$12 non-members
Registration Deadline: The Friday before
January 8th: The Three Snow Bears
February 5th: Bubble Bubble
March 5th: The Rainbow Fish

The Gallatin Valley YMCA is a registered 501(c)3 non-profit who relies upon volunteers, individuals and business to help us raise funds throughout the year to keep our programs affordable and to assist those that require financial assistance. They Y never turns anyone away due to inability to pay.